

Hazard? - Boston Globe

Toxic Effects of Indoor Molds

- American Academy of Pediatrics

Does your home or office need a healthy check-up?

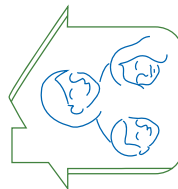
- Mold Growth?
- Stains?
- Peeling paint?
- Chipping Plaster?
- Unusual Smells?
- Recently Moved?

Did you know?

Many building materials, furnishings, products and other conditions can create indoor pollutants that could impact your health.

For example:

Source	Concern	Linked to
Carpeting, Furniture, Paint	Benzene, Formaldehyde	Cancer, Asthma
Leaks, Wet Crawspaces/ Basements	Mold can grow	Allergies, Headaches, Sore throats
Electrical Wiring, Appliances	Electro-Magnetic Fields	Childhood Leukemia



Healthy Spaces
 401 Longfield Road
 Glenside, PA 19038
www.healthyspaces.com

For a healthier indoor environment.

"If you want to learn about the health of a population, look at the air they breathe, the water they drink, and the places where they live." - Hippocrates, Father of Medicine, 5th Century BC



Healthy Spaces

Create a Healthier Home or Office.

Is Your Home a Health Hazard? - Boston Globe

Household Chemicals Linked to Kids' Asthma - USA Today

Does anyone experience:

- Runny Nose
- Nasal Congestion
- Sore Throat
- Muscle Pain
- Other ailments you're concerned about?
- Headache
- Fatigue
- Cough
- Skin Rashes

These and other symptoms can be triggered by pollutants indoors.

There are growing associations between the indoor environment and medical conditions, such as:

- Asthma
- Cancers
- Cardiovascular Issues
- Immune Disorders
- ADD/ADHD
- Bronchitis
- Chemically Impacted (MCS)

We spend 57% of our lives inside our home and over 90% indoors. What you breathe indoors does matter.

Ensure that your indoor environment supports your health and the health of your children, employees or clients.

What can you do?

Take action to benefit your health by calling us.

Call Now!

No Obligation

Healthy Spaces, Inc.

Phone: 215-233-1852

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Web: www.HealthySpaces.com

We can help!

Healthy Spaces

Investigation. Testing. Solutions.

For homes and offices.

- Investigation of Indoor Environments
- Testing for Molds, Allergens, Chemicals (e.g. Formaldehyde, VOCs, Pesticides)
- Leaks & Moisture Assessment
- Indoor Air & Water Quality
- Air & Water Filtration
- Consulting on Remodeling, Buying or Building a Home
- Healthy Nurseries & Kids' Spaces
- EMFs (Electromagnetic Fields)
- Guidance on Paints, Furnishings, Building Materials

Prioritized Written Recommendations